



THE CLINICAL PRACTICE OF WESTERN MICHIGAN UNIVERSITY
HOMER STRYKER M.D. SCHOOL OF MEDICINE

PEDIATRIC PSYCHOLOGY



Pediatric psychology services are provided for children and adolescents. Our services include integrated behavioral services, outpatient psychological treatment, diagnostic interviews, autism evaluations, and evaluations for the full range of psychological concerns. Evaluation services include intellectual testing, achievement testing, language testing, affective screening, ADHD screening, adaptive screening, and neurological screening.

Integrated Behavioral Health Service

Our Behavioral Health consultants will work directly with our residents and physicians in the WMed Health Pediatrics clinic providing behavioral health consultation, evaluation, brief intervention, and referral.

Outpatient Psychological Treatment

We offer psychological treatment for individuals with co-occurring mental health concerns and medical conditions, including those below. Psychological treatment involves talk therapy and strategies to start helpful behaviors (please note we do not prescribe medication).

Sleep Disorders: We provide outpatient psychology services for children and adolescents experiencing sleep difficulties, including insomnia, delayed sleep phase, nightmares, and other behavioral or psychological sleep concerns. Our clinic specializes in the use of Cognitive Behavioral Therapy for Insomnia (CBT-I), as well as other evidence-based, non-pharmacologic interventions to improve sleep quality and daytime functioning. We work collaboratively with referring providers to support patients with both standalone sleep issues and those occurring alongside medical or psychiatric conditions.

Functional Neurological Disorders: We provide outpatient psychology services for individuals of all ages diagnosed with Functional Neurological Disorder (FND), including functional seizures, motor symptoms, sensory changes, and other unexplained neurological symptoms. We provide comprehensive, trauma-informed psychological treatment focused on symptom management, emotional regulation, psychoeducation, and improving quality of life. We collaborate closely with neurology and rehabilitation teams to ensure coordinated, patient-centered care for individuals living with FND.

Location: 1000 Oakland Drive, Second Floor, Kalamazoo, MI 49008

For an appointment: 269.337.6077

Contact us: WMedpsychology@wmed.edu

Practice hours: Monday-Friday, 8 a.m.-Noon and 1-5 p.m.



Learn more at WMed.edu/WMedHealth
Find us on Facebook @WMedHealth

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Gastrointestinal Disorders: We accept referrals for outpatient psychology services for children and adolescents experiencing elimination concerns, disorders of gut-brain interaction, and coping with gastrointestinal concerns. Using a biopsychosocial model, we support young people and their families with a variety of evidence-based psychological and behavioral interventions aimed at improving symptom management, enhancing functioning and wellness, or reducing symptoms. Specific areas addressed include toileting concerns, functional constipation, encopresis, abdominal pain/irritable bowel syndrome, chronic illness, and rumination syndrome.

Diabetes: We provide outpatient psychology services for children and adolescents with type 1 or type 2 diabetes. Treatment involves cognitive behavioral therapy and other evidence-based, integrated approaches to support adjustment to a new diagnosis; engagement in daily diabetes management; coping with burnout, depression, and anxiety; building positive family communication and teamwork; and strengthening self-confidence and self-esteem in youth living with diabetes.

Diagnostic Interviews

We conduct diagnostic interviews to obtain more in-depth information about presenting concerns and to assess the need for additional psychological evaluation.

Autism Evaluations

Evaluations in our approved autism evaluation center are performed by a team of psychologists, a speech-language pathologist, and a pediatrician. We provide evaluations for children up to and including six years old.

Psychological Evaluations

We perform comprehensive psychological evaluations for our patients for most DSM-5-TR diagnoses such as:

- Neurodevelopmental disorders
- Intellectual Developmental Disorder
- Communication disorders
- Attention Deficit / Hyperactivity Disorder
- Specific learning disorders
- Depressive disorders
- Anxiety disorders
- Obsessive-Compulsive and related disorders
- Trauma- and stressor-related disorders
- Somatic symptom and related disorders
- Feeding and eating disorders
- Disruptive, impulse-control, and conduct disorders
- Diagnostic clarification

Our Location

WMed Health Pediatric Psychology is located at 1000 Oakland Drive on the second floor in Kalamazoo, Michigan. Parking is available adjacent to the building. Our practices are a non-smoking environment. We strive to provide a clean environment for our patients.

Fees and Insurance

WMed Health Pediatric Psychology participates with many insurance providers, including Medicaid and Medicaid health plans. Before your first visit, check with your insurance company to understand what services will be paid for by your insurance plan. For every appointment, you will need to bring your insurance card(s). Co-pays are due at the time of service and accepted forms of payment are cash, check, MasterCard, Visa, and Discover. If you have questions, our patient financial counselors are ready to help you. Please call our Billing Department at 269.276.4779.

Referrals

A referral by a healthcare provider may be required depending on a patient's insurance coverage. Referring providers should call 269.337.6077 or fax 269.337.6428. To make a referral in Epic, search for "WMed Pediatric Psychology" and then select the appropriate service. Please note that integrated behavioral health services are available to current WMed patients; many times, appointments are available the same day as an appointment with a patient's primary care provider.

Our Providers



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Notice of Nondiscrimination

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.269.337.4400.

ملحوظة: إذا كنت تتحدث اللغة العربية اذكر اللغة فإن خدمات المساعدة اللغوية تتوفر لك مجاناً. اتصل بالرقم: 1.269.337.4400